

Total Family Fitness
**McLean Racquet &
Health Club**
Since 1972

PLACEMENT

We set your child on the right tennis pathway by choosing the program that is best suited for their growth.

STEP 1. EVALUATION

We set your child on the right tennis pathway by choosing the program that is best suited for their growth.

STEP 2. PLACEMENT

We set your child on the right tennis pathway by choosing the program that is best suited for their growth.

STEP 3. PROGRESS & RE-EVALUATION

We set your child on the right tennis pathway by choosing the program that is best suited for their growth.

CONTACT US

Questions? Ready to Register?



JuniorSelectionProgram@gmail.com



www.McLeanRHClub.com

SCAN

For More
Information



Email
Us



JUNIOR TENNIS PATHWAY PROGRAMS

JANUARY 23 - JUNE 11

No class on May 29; makeup is June 12th
No class the week of April 4th

GREEN / 8U

5:1 Student to Coach ratio
Grouped by age & level

GREEN

Kids have a blast while learning fundamental tennis skills.

- Athleticism + Coordination Practice
- Fast-Paced Games
- Assisted Rallies
- Fun and Engaging Curriculum

1 Hour of tennis and 30 minutes of coordination training

Ages 9+, all levels

8U

8 and under players get an introduction to tennis while building necessary skills.

- Athleticism + Coordination Practice
- Positive and Inviting Environment
- Specialized 8u Curriculum
- Fundamental Skills Practice

1 Hour of tennis

Ages 4-8

WHITE / BLACK

1.5 hours of tennis ~ 30 minutes of explosiveness and strength training ~
Grouped by level

WHITE

Match-level players enhance their game in point play and rally centered classes.

- Competitive Class Environment
- Strategy Lessons
- Focused Point-Play
- Fast-Paced and Engaging Classes

5:1 Student to Coach ratio

Must be at Match Play level

BLACK

A development-centered program for players who want to gain a junior ranking and play high school or collegiate tennis.

- Goal-Centered Practices
- Isolated Skills Progressions
- Program-Wide Curriculum Structure
- Beginner-to-Champion Pathway

4:1 Student to Coach ratio

Minimum play requirement of 3 practices per week + 2 competitions per month

SCHEDULE & PRICING

GREEN

Mondays: 4:00-5:30 | 5:30-7:00
Saturdays: 12:00-1:30 | 1:30-3:00
Sundays: 12:00-1:30 | 1:30-3:00

Tennis

Member: \$30, Non-Member: \$40

Coordination/Agility

Member: \$10, Non-Member: \$15

Season Price includes 1hr tennis and 30 min coordination/agility

Member: \$760, Non-Member: \$1045

8U

Mondays: 5:00-6:00
Saturdays: 1:00-2:00
Sundays: 1:30-2:30

Tennis

Member: \$30, Non-Member: \$40

Season Price includes 1hr tennis

Member: \$570, Non-Member: \$760

WHITE

Email for Schedule

Tennis

Member: \$35, Non-Member: \$45

Coordination/Agility

Member: \$13.50, Non-Member: \$15.50

Season Price includes 1.5hr tennis and 30 min coordination/agility (1.5 hr classes prorated)

Member: \$1,254, Non-Member: \$1577

BLACK

Email for Schedule

Tennis

Member: \$38, Non-Member: \$49

Coordination/Agility

Member: \$13.50, Non-Member: \$15.50

Season Price includes twice/week clinics, 1.5hr tennis and 30 min coordination/agility

Member: \$2,679 Non-Member: \$3,382

(1.5 hr classes prorated, private lessons paid for separately)

REGISTER

Send Email to:

JuniorSelectionProgram@gmail.com